

IMC - IRISHTOWN 24 JUNE 2009



irish milers club

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TIMETABLE:

6.30 PM	MEN SHOT PUTT
7.30 PM	800M C MEN
7.37 PM	3000M WOMEN
7.50 PM	800M A MEN
7.55 PM	3000M MEN
8.07 PM	800M B MEN
8.15 PM	800M WOMEN
8.20 PM	800M D MEN

PB BONUSES:

800M MEN SUB	1.54.0
3000M MEN SUB	8.25.5
800M WOMEN SUB	2.10.5
3000M WOMEN SUB	9.25.5
SHOT PUTT/LONG JUMP	N/A

FINAL ENTRIES

800M A RACE - MEN

Lane	Name	Club	Personal Best	Seasons Best
1	Simon Taggart	PACE	52/1.18	
1	Mark English	Letterkenny AC	1.54.1	1.54.1
2	Daire Bermingham	Raheny Shamrocks	1.53.5	1.53.5
3	Alan O'Brien	Crusaders AC	1.49.94	1.49.94
4	Anthony Lieghio	Tallaght AC	1.51.22	1.51.22
5	Kevin Moriarty	Raheny Shamrocks	1.52.55	1.54.5
5	Feidlim Kelly	Raheny Shamrocks	1.50.77	1.52.04
6	Darren Mc Brearty	Letterkenny AC	1.52.6	1.52.6
7	Mark Patterson	North Down AC	1.51.25	1.51.25
7	John Coghlan	MSB	1.52.9	1.52.9
8	Aidan Bailey	Clonliffe Harriers	1.52.6	1.53.8
8	Mark Mc Donald	Clonliffe Harriers	1.53.21	1.53.21

800M B RACE - MEN

Lane	Name	Club	Personal Best	Seasons Best
1	Joe Warne	PACE	54/1.21	
1	Darragh Flynn	Raheny Shamrocks	1.56.13	None
2	Danny Mooney	Letterkenny AC	1.54.5	1.54.5
3	Ivan Kinahan	Crusaders AC	1.54.38	1.55.6
3	Michael Quinn	Abbey AC	1.55.2	1.56.5
4	Patrick Mc Cartan	West Limerick AC	1.54.9	None
5	Michael Mc Killop	St. Malachys	1.55.45	1.55.45
6	Fergal Eliis	Ballinamore AC	1.54.1	None
7	Niall Robinson	North Down AC	1.54.4	1.54.4
7	Andrew Brennan	MSB	1.54.86	1.54.86
8	Brian Farrell	Sli Cualann		
8	Keith Maher	Thurlese Crokes	1.55.57	1.56.8

800M C RACE - MEN

Lane	Name	Club	Personal Best	Seasons Best
1	Joe Warne	PACE	55/1.22	
1	Thomas Fitzpatrick	Tallaght AC	1.59.5	1.58.5
2	Morgan Mc Donagh	Dunboyne AC	1.57.6	1.59.5
3	Liam Markham	Ennis Track	1.58.5	1.58.5
3	Dermot Mc Dermott	Sligo AC	1.57.5	None
4	Kevin Lawler	SLOT	1.57.5	None
4	Chris Jones	Raheny Shamrocks	1.55.5	None
5	John Carlisle	North Down AC	1.58.12	None
6	William Hughes	Thurlse Crokes	1.56.75	1.58.31
7	Steve Rooney	St. Malachys	1.56.96	1.58.76
7	Paul Breslin	Crusaders AC	1.58.5	1.58.5
8	Mick Dore	Kilkenny City Harriers	1.57.5	None
8	Neil Cowzer	DSD	1.58.5	1.59.5

800M D RACE - MEN

Lane	Name	Club	Personal Best	Seasons Best
1	Simon Taggart	PACE	58/1.27	
1	John Hayes	Raheny Shamrocks	1.49.78	None
3	Kenny Caldwell	Unattached	1.56.01	None
3	Karl Fitzmaurice	Crusaders AC	1.58.7	None
4	Richard Owen	Sli Cualann	2.00.04	2.01.68
5	Rob Cross	Crusaders AC	2.00.98	2.01.00
6	Alan Gray	MSB	2.02.2	2.02.2
7	Adam Friel	Letterkenny AC	2.03.8	2.03.8
7	Aiden Moloney	Celbridge	2.06.8	2.06.8
8	Brian Barron	North Down AC	2.12.4	2.12.4

3000M RACE - MEN

Lane	Name	Club	Personal Best	Seasons Best
1-4'	Martin Conroy	PACE	4.05/5.25	
	Brendan O'Neill	DSD	8.12.66	8.12.66
	Stephen Scullion	North Belfast Harriers	8.18.22	8.18.22
	Julian Kuppler	Rathfarnham WSAF	8.25.8	None
	Paul Fleming	Rathfarnham WSAF	8.26.71	None
	Eddie Mc Ginley	Annadale Striders	8.32.5	8.32.5
	Noel Carroll	Shercock AC	8.35.5	None
	Simon Taylor	Abbey AC	8.35.98	8.35.98
	James O'Hare	East Down AC	8.37.5	8.37.5
	Andrew Agnew	Abbey AC	8.37.84	8.37.84
	Michael Mulhare	North Laois AC	8.43.5	None
	Robert Corbally	DSD	8.43.5	8.45.5
	Des Earls	Sli Cualann	8.44.5	None
	James Mc Fadden	Letterkenny AC	8.45.5	8.45.5
5-8'	Garrett Coughlan	PACE	4.20/5.40	
	Francis Marsh	North Down AC	8.46	9.06
	Ryan Faulkner	St. Malachys	8.52.3	8.52.3



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Daniel Diamond	Balmoral Harriers	8.56.5	None
Michael Freely	Rathfarnham WSAF	8.56.67	8.56.67
Jonathon Hughes	Rathfarnham WSAF	8.58.5	8.58.5
Jason O'Byrne	Sli Cualann	9.00.5	9.00.5
Philip Hillard	MSB	9.01.5	9.08.5
James Budde	North Down AC	9.01.02	9.01.02
Brian O'Donoghue	Rathfarnham WSAF	9.02.11	9.11.5
Sameul Millar	Ballymena and Antrim	9.04.5	9.04.5
Shane Mullaly	Thurles Crokes	9.11.0	9.13.10
Michael Dyer	North Down AC	9.13.0	None
Brian Mc Ginley	Ennis Track	9.15.5	9.15.5
Jonny Hanratty	DSD	9.18.37	9.18.37
Cormac Fitzpatrick	North Laois AC	9.19.5	9.24.5
Linda Byrne	DSD	9.21.5	9.21.5
TonyFogarty	Thurles Crokes	9.36.70	9.36.70

800M RACE - WOMEN

Lane	Name	Club	Personal Best	Seasons Best
1	Garrett Coughlan	PACE	64/1.37	
2	Laura Scriven	SLOT	2.10.56	2.14.39
3	Becky Woods	Clonliffe Harriers	2.15.5	2.15.5
4	Hazel Murphy	DSD	2.07.05	2.10.20
4	Ciara Durkan	Skerries AC	2.09.5	2.13.5
5	Louise Reilly	Clonliffe Harriers	2.15.5	2.16.5
5	Dawn Kelly	Belgooly	2.15.9	2.16.99
6	Christine Long	WSEH/Lisburn	2.08.07	2.16.13
7	Lauren Scott	North Down AC	2.18.11	2.18.11
8	Caroline Clancy	Loughrea AC	2.26.5	2.26.5

3000M RACE - WOMEN

Lane	Name	Club	Personal Best	Seasons Best
1-8'	Aoife Brady	PACE	4.48/6.20	
	Laura Hewitt	DSD	None	None
	Charlotte French O'Carroll	DSD	None	None
	Rebecca French O'Carroll	DSD	None	None
	Maura Ni Amhlaibh	DSD	None	None
	Lorraine Manning	Sportsworld	10.00.82	10.00.82
	Jean Wilson	Sportsworld	10.13	None
	Deirdre Doyle	Tinryland AC	10.20'	10.20'
	Bryony Treston	DSD	10.30.5	10.30.5



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